

VANCOUVER, BC TR90 GROUP SECOND PLACE

TR90 has not only changed our eating habits but it has also changed our lives. We have become more health conscious with the food we eat and have started to work out regularly. Each week, our group exercises together. The purpose of the group exercise is not only to enhance our health but also to provide motivation for the team. Our success with the TR90 system has attracted and influenced many of our families and friends to start TR90 and to learn how to live a healthier and more positive lifestyle. Witnessing the positive changes in our friends and families is far more motivating and inspiring than merely seeing changes in only ourselves.

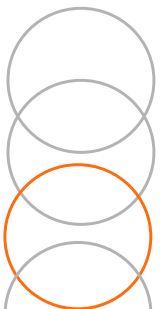
Group weight lost = 89.31 lbs

Group inches lost = 46



*Results not typical

ADA WONG, RAYMOND BAL, MAISIE YAU,
KEN CHAN, AVA CHEN, VICKY PHANG
CARMEN CHIN, BILLY LEUNG



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TR90