

# LAUREN BROWN (DISTRIBUTOR)

Transformation Number = 26.2

My Transformation Number is 26.2 because TR90 has been crucial in improving my running training and lowering my marathon times so that I can accomplish the best 26.2 miles yet! TR90 has become more than just a 90 day program; it has become part of my lifestyle.

Inches Lost = 10 Weight Lost = 7.5

Results achieved through a combination of the TR90 program, diet and exercise.

