CHARLEY PATTERSON (DISTRIBUTOR)

I have been using TR90 and lifting for 10 months. The final picture is 8 months of consistently using the product. My results have been progressive. I am down a total of 8% body fat and and increased my lean muscle mass by 11 pounds. My weight has been exactly the same the entire program, 185 lbs. I believe results show exactly what this program is about; Increasing muscle mass, decreasing body fat.

Inches Lost = Added Weight Lost = Same

Results achieved through a combination of the TR90 program, diet and exercise.







