

ANDREJUS CHODA (DISTRIBUTOR)

Transformation Number = 33

When I started the TR90 program I was determined to get into the best shape of my life. I was able to reach my goal in 90 days by following the eating plan, working out several hours 3 times a week with weight lifting and cardio. I feel great when I am complimented on how I look now.

Inches Lost = 5 Weight Lost = 1

Results achieved through a combination of the TR90 program, diet and exercise.

