

SONIA NILSEN (DISTRIBUTOR)

Transformation Number = 10

My goal was to get rid of my stomach. I became the notorious apple body shape that I never was before. I had no idea why I ballooned up to being 85 lbs. overweight and 45 percent body fat, but because of years of dieting I had no body engine. I lost 10 inches off my waist in the first 60 days and lost 20 lbs. I know the products work as well as the system, and food choices. A picture is worth a 1000 words. Nu Skin thank you for giving me my life back and my waistline!

Inches Lost = 23 Weight Lost = 20
BMI Day 1 = 34 BMI Day 90 = 30

