SEN WANG (DISTRIBUTOR)

Transformation Number = 14

My transformation number is 14. Getting six pack abs has been my dream. Although I have been working out consistently for the past several years, I still cannot get a 6 pack. After the TR90 program, my body fat percentage decreased from 22% to 14%. As a result, the TR90 program helped me remove a layer of fat over my abs. Now I can see my 6 pack!

Inches Lost =13.1 Weight Lost = 23 Body Fat Lost = 8.7%







