

RUTHANNE MCLELLAND (DISTRIBUTOR)

Transformation Number = 26

My goal was to lose 25 pounds. I ended up losing 26 pounds and 17 inches. My journey to lose this weight included a strict diet and exercise program while taking the Nu Skin TR90 products. It was well worth it!

My transformation has changed many things about the way I view food and my health. I am thankful that this program has helped me develop a healthy relationship with food. It has also provided me with habits that I can use for the rest of my life.

Inches Lost = 16 Weight Lost = 26
BMI Day 1 = 26 BMI Day 90 = 22

