

# JOHN KARTER (DISTRIBUTOR)

Transformation Number = 20

I knew 20 pounds was an attainable goal for me considering my disabilities. I have my life back with optimized mobility, strong core muscles, and increased endurance. I could not have done this without TR90. My friends and family are shocked at the transformation, and I desire to share my story to help others do the same. It was easy and it worked!

Weight Lost = 64

