## ELLA SIROSKEY ( DISTRIBUTOR)

## Transformation Number = 9

My transformation number is 9 . This number represents the size I plan to eventually get down to. This was the easiest program to follow. I found that my strength and endurance increased as I got further into the program. I can't wait to see what the next 90 days brings!"

Inches Lost $=10.8$ Weight Lost $=14.2$

(1) ageloc

TR90

