

CASEY COUNCIL (DISTRIBUTOR)

Transformation Number = 68,000

My highest scan score was 53,000. After 90 days on TR90 and exercising 3 times/week consistently, I released 21 lbs. and 7% body fat, and my scan score went up to **68,000**. I went from someone who was letting my life be ruled by cravings and emotional eating to someone who eats to nourish my body and improve my athletic performance. My confidence, energy, habits, relationships and business are the best they have ever been.

Inches Lost = 12 Weight Lost = 21
BMI Day 1 = 28.10 BMI Day 90 = 25.1

