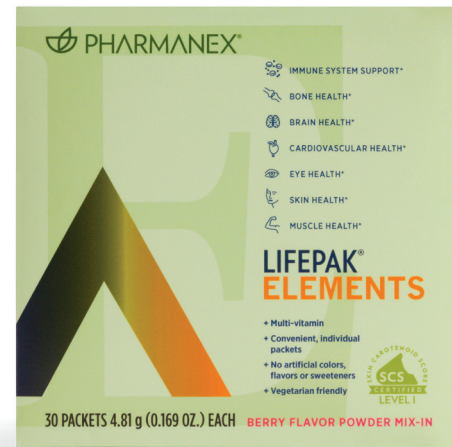


LIFEPAK® ELEMENTS

LifePak products are powerful multisupplement solutions, SCS-certified so you can know nutrients are being absorbed and improving your skin carotenoid score. They merge the best in nature with the latest in science to give your body the clean, safe, optimum support it needs to help it perform in top condition. And they're designed with unique forms of ingredients specifically chosen to help maximize absorption and utilization.
You do your best, trust LifePak to do the rest.



MEET LIFEPAK ELEMENTS

LifePak Elements is an all-in-one powder mix-in that sets a healthy foundation for you to build upon. Plus, it's SCS-certified, so you know your supplements are being absorbed and improving your skin carotenoid score. Just pour a convenient packet of this delicious, refreshing supplement into water for an entire day's worth of over 20 essential vitamins, minerals, and nutrients. Zero artificial colors, flavors, sweeteners, or pills—just nutritional power. Customize your benefits even more by adding targeted solutions like Pharmanex Vitamin C + Zinc and Pharmanex Magnesium to your daily supplement regimen.

WHY YOU'LL LOVE IT

- Provides measurable results you can see using a Pharmanex BioPhotonic Scanner (Level I SCS-certified).
- Promotes a solid nutritional foundation that you can customize with additional supplements to fit your body's needs.
- Includes over 20 vitamins, minerals, and nutrients, including carotenoids and other antioxidants like vitamins C and E.
- Complete multivitamin and mineral support to help prevent nutrient deficiencies and promote good health.
- A delicious and refreshing once-a-day powder mix-in supplement.
- Comes in convenient packets that can be taken on the go.
- No artificial colors, flavors, or sweeteners.
- Vegetarian friendly.
- Designed for improved absorption and utilization with unique and more natural forms of ingredients.
- An excellent source of Choline.
- Supports a healthy body, including your:

- Immune system*
- Bone strength*
- Muscles*
- Heart*
- Eyes*
- Brain*
- Skin*
- Cellular energy*
- Cellular protection*

WHAT POWERS IT

- **20+ Vitamins and Minerals**—includes essential nutrients like choline, calcium, and antioxidants, several sourced in unique forms.
 - **B Vitamins**—includes methylated forms of B vitamins, like methyl folate and vitamin B12 as methylcobalamin.
 - **Vitamin K2**—provides additional bone support.
 - **Vitamin D3**—naturally sourced from shiitake mushrooms.
 - **Vitamin E**—naturally sourced for improved absorption.
 - **Calcium and Magnesium**—feature unique, gentle forms with improved absorption.
 - **Copper, Chromium, Manganese, and Molybdenum**—feature unique, chelated forms.
 - **Carotenoids (Beta Carotene, Lycopene, and Lutein)**—provide antioxidant support.

HOW TO USE IT

- Mix into 4 oz. of water and enjoy once daily.
- Use less water for a more powerful berry flavor or more water for a more subtle flavor. Or try adding LifePak Elements to your favorite TR90® shake.

TRY THESE WITH IT

- ageLOC® Youth

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

LIFEPAK® ELEMENTS

- Pharmanex Vitamin D₃
- Pharmanex Iron
- Pharmanex Magnesium
- Pharmanex Vitamin C +Zinc
- Bone Formula
- Additional Pharmanex Solutions

LEARN MORE ABOUT IT

Will LifePak Elements raise my scanner score?

Yes! LifePak Elements is SCS-certified, so it will raise your scanner score if you take it as directed for two months.

What is SCS certification?

SCS certification means that our scientists are confident that this product will raise your skin carotenoid score, or SCS, as measured by our Pharmanex BioPhotonic Scanner. Carotenoids are a class of important antioxidants and can come from a variety of sources, including fruits, vegetables, and your supplements. If a product is SCS-certified, then you can expect that using it will increase your scanner score over time.

What do different levels of SCS certification mean?

Higher levels of SCS certification correlate to larger expected scanner score increases and are based on the quantity and bioavailability of relevant nutrients in each product. In other words, you should expect to experience larger scanner score increases if you take a level II SCS-certified product compared to if you take a level I SCS-certified product.

What's the difference between LifePak Elements and LifePak?

LifePak Elements is primarily formulated to help set a healthy foundation for you to build upon, while LifePak is formulated to help provide advanced nutrient levels. LifePak provides additional phytonutrients from grape seed extract, olive leaf extract, alpha lipoic acid, quercetin, and resveratrol, and is a more comprehensive formula, including higher concentrations of important key nutrients and a higher SCS certification level. Another difference is that LifePak Elements is a powder that you mix into water, while LifePak is delivered in capsules. If you have difficulty swallowing capsules, you may prefer LifePak Elements.

Who should take LifePak Elements?

LifePak Elements is formulated for adults who are looking for a quality multivitamin/mineral to supplement their diet and fill nutritional gaps. It is also great for teens or those who don't like swallowing pills but still want to supplement their diet.

Why does LifePak Elements look the way it does?

The color of LifePak Elements comes naturally from the abundant carotenoids and nutrients featured in the formula. There are no added artificial colors, flavors, or sweeteners.

Can I take more than one packet of LifePak Elements per day?

LifePak Elements is formulated to be taken once per day. If you want a more comprehensive product, we recommend LifePak or LifePak Nano instead. However, it is safe to take two packets of LifePak Elements per day, if you desire.

SCIENCE THAT PROVES IT

1. Blumberg JB, Frei BB, Fulgoni VL, Weaver CM, Zeisel SH. Impact of Frequency of Multi-Vitamin/Multi-Mineral Supplement Intake on Nutritional Adequacy and Nutrient Deficiencies in U.S. Adults. *Nutrients*. 2017;9(8):849. Published 2017 Aug 9.
2. Huskisson E, Maggini S, Ruf M. The role of vitamins and minerals in energy metabolism and well-being. *J Int Med Res*. 2007;35(3):277-289.
3. Traber MG, Stevens JF. Vitamins C and E: beneficial effects from a mechanistic perspective. *Free Radic Biol Med*. 2011;51(5):1000-1013
4. Kennedy DO. B Vitamins and the Brain: Mechanisms, Dose and Efficacy--A Review. *Nutrients*. 2016;8(2):68. Published 2016 Jan 27.
5. Zeisel SH, da Costa KA. Choline: an essential nutrient for public health. *Nutr Rev*. 2009;67(11):615-623.

LIFEPAK[®] ELEMENTS

WHAT'S IN IT

Supplement Facts

Serving Size: 1 packet

Servings Per Container: 30

Amount per serving	% DV	Amount per serving	% DV
Total Calories	15	Phosphate Citrate)	
Total Carbohydrates	3 g 1%*	Iodine (as Potassium Iodide)	150 mcg 100%
Total Sugars	2 g	Magnesium (as Magnesium Citrate)	100 mg 24%
Incl. Added Sugars	2 g 4%*	Zinc (as Zinc Citrate)	11 mg 100%
Vitamin A	1500 mcg RAE 167%	Selenium (as L-Selenomethionine)	55 mcg 100%
(100% as Beta Carotene)		Copper (as Copper Bisglycinate)	0.9 mg 100%
Vitamin C (as Sodium Ascorbate)	90 mg 100%	Manganese	2.3 mg 100%
Vitamin D ₃ (as Cholecalciferol)	18.7 mcg 94%	(as Manganese Bisglycinate)	
Vitamin E	16.7 mg 112%	Chromium	35 mcg 100%
(as d-Alpha-Tocopheryl Acetate)		(as Chromium Nicotinate Glycinate)	
Vitamin K ₂ (as Menaquinone-7)	30 mcg 25%	Molybdenum	45 mcg 100%
Thiamin (as Thiamine Mononitrate)	1.2 mg 100%	(as Molybdenum Glycinate)	
Riboflavin (as Riboflavin)	1.3 mg 100%	Sodium	15 mg 1%
Niacin (as Niacinamide)	16 mg NE 100%	Potassium	167 mg 4%
Vitamin B ₆	1.7 mg 100%	Lycopene	2 mg **
(as Pyridoxine Hydrochloride)		Lutein (from Marigold Flower Extract)	1 mg **
Folate (as Methyltetrahydrofolic Acid)	333 mcg DFE 83%		
Vitamin B ₁₂ (as Methylcobalamin)	2.4 mcg 100%		
Biotin (as Biotin)	30 mcg 100%		
Pantothenic Acid	5 mg 100%		
(as D-Calcium Pantothenate)			
Choline (as Choline Bitartrate)	110 mg 20%		
Calcium (as Calcium Potassium	200 mg 15%		

OTHER INGREDIENTS: Fructose, Xylitol, Natural Flavors (Blueberry, Berry, Raspberry), Citric Acid, Stevia Glycosides (from *Stevia Rebaudiana* leaf extract).

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