

# NUTRICENTIALS® POLISHING PEEL

## SKIN REFINISHER



Your skin has a mind of its own. But now you can make it resilient to its mood swings. The Nutricentials system helps your skin adapt to environmental stressors like late nights, pollution, and UV rays—for better, balanced skin every single day. **Nutricentials. Great skin. Great day.**

### MEET POLISHING PEEL SKIN REFINISHER

Is dull skin bringing you down? Brighten your complexion—and your day—with Nutricentials Polishing Peel Skin Refinisher. In just two minutes, your skin gets treated to professional-level microdermabrasion results without a trip to the spa. Professional results plus saved time and energy? This is an absolute must-have! Polishing Peel is made with bioadaptive botanicals and is non-abrasive, so it feels comfortable as it polishes away the damaging effects of pollution and free radicals. With ingredients like bentonite clay and pumpkin enzymes, it instantly resurfaces skin for a beautifully smooth and soft finish.

### WHY YOU'LL LOVE IT

- Made with bioadaptive botanicals that help your skin adapt to its environment.
- Gives professional-level microdermabrasion results in just two minutes for visibly smoother, brighter skin.
- Made with bentonite clay and pumpkin enzymes that help smooth and soften skin.
- Removes dead cells, polishing away the damaging effects of pollution and free radicals, minimizing the visible effects of stress and pollution on your skin.
- Instantly resurfaces and polishes for beautifully smooth, soft skin and a healthy, youthful-looking glow.
- Non-abrasive so it feels comfortable on skin.
- Paraben-free, mineral oil-free, phthalate-free.

### WHAT POWERS IT

- Bioadaptive Botanical Blend (Rhodiola, Maral Root, Siberian Ginseng, Chaga Mushroom, and Resurrection Plant)—a blend of botanical extracts from plants that thrive in extreme climates and can help your skin bounce back from stressors.

- Bentonite Clay and Pumpkin Enzymes—remove dead skin cells and toxins while resurfacing and smoothing skin.

### HOW TO USE IT

Use 3 times the first week, then 1–2 times per week after that.

Apply an even layer to clean, dry face and neck. Let sit for 1–2 minutes, or until product firms (do not allow to dry completely). Periodically test firmness and begin removing areas that set up first. Using your fingertips, gently massage face and neck in a circular motion to work Polishing Peel into large particles. If product becomes too dry, spray lightly with NaPCA Moisture Mist to lightly moisten. After you've peeled the product off, rinse your skin with warm water and pat dry. Follow with toner and moisturizer.

### TRY THESE WITH IT

- Celltrex® Ultra Recovery Fluid
- Celltrex Ultra Recovery Mask
- Creamy Cleansing Lotion
- Pure Cleansing Gel
- pH Balance Toner
- NaPCA Moisture Mist

### LEARN MORE ABOUT IT

#### What are bioadaptive botanicals?

Bioadaptive botanicals are plants that thrive in extreme climates thanks to their adaptive properties. These special properties increase the plant's resilience and help them—and your skin—recover from all kinds of damage and stress.

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### What is Polishing Peel?

Polishing Peel is a gentle facial peel that resurfaces and refinishes skin, leaving a softer, smoother, glowing complexion. It's like a two-minute microdermabrasion session, minus the spa visit.

### How is Polishing Peel different from microdermabrasion?

Most clinical microdermabrasion and in-home microdermabrasion products use abrasive crystal particles (aluminum oxide) to resurface the skin. These abrasive particles leave tiny scratches on the surface of the skin. Polishing Peel doesn't scratch skin, because it doesn't have these abrasive particles. Instead, the formula balls up and softly polishes skin after the bentonite clay and enzymes help detox the skin's surface. This helps light reflect more evenly, giving your skin a radiant glow.

### What can I do if Polishing Peel becomes too dry?

If you accidentally let the peel dry, just lightly mist the skin with NaPCA Moisture Mist. Be careful, however, not to over-moisten.

### What products should I avoid using with Polishing Peel?

Polishing Peel exfoliates away the top layers of the skin's surface. With this in mind, you should be careful when using other physical or chemical exfoliators (including hydroxy acids) so that you don't over-exfoliate. Too much exfoliation can result in dull skin and even irritation, like burning, tingling, and stinging sensations.

### WHAT'S IN IT

Water (Aqua), Bentonite, Zea Mays (Corn) Starch, Glycerin, Sorbitol, PEG-40 Hydrogenated Castor Oil, Acanthopanax Senticosus (Eleuthero) Root Extract, Inonotus Obliquus (Mushroom) Extract, Rhaponticum Carthamoides Root Extract, Rhodiola Rosea Extract, Selaginella Lepidophylla Extract, Cucurbita Pepo (Pumpkin) Fruit Extract, Hamamelis Virginiana (Witch Hazel) Water, Polygonum Cuspidatum Root Extract, Ammonium Silver Zinc Aluminum Silicate, Polyvinyl Alcohol, Ammonium Laureth Sulfate, C20-40 Pareth-10, Polysorbate 80, Disodium EDTA, Fragrance (Parfum), Hexylene Glycol, 1,2-Hexanediol, Caprylyl Glycol, Chlorphenesin, Titanium Dioxide (CI 77891).

