

epoch[®]

move

essential oils blend

Wintergreen Juniper Blend



SYSTEM OVERVIEW

Amid the rigors of a modern lifestyle, Nu Skin delivers Epoch Essential Oils—ethnobotanical solutions that create engaging human interactions and sensory experiences with your world. For centuries, indigenous cultures improved their lives with botanicals, from topical remedies to aromatherapy. With Epoch, Nu Skin has distilled centuries of plant wisdom and leveraged the expertise of world-renowned ethnobotanist Paul Cox. Now we can infuse this wisdom into your modern lifestyle with Epoch Essential Oils.

Experience ethnobotanical oils from a company you know and trust. Epoch Essential Oils adhere to Nu Skin's rigorous 6S Quality Process to meet the highest quality standards. Single oils and blends provide a variety of expressive aromas and solutions that uplift any routine or occasion. The delightful benefits of our essential oils make it natural to share them with others.

As part of Nu Skin's mission to improve lives, Nu Skin donates \$0.25 from each Epoch Essential Oils sale to the Nu Skin Force for Good Foundation—giving back to the communities that share their wisdom with us.

Enjoy rich connections with people and the world around you while giving back with Epoch Essential Oils.

PRODUCT POSITIONING

Epoch Move is an invigorating topical blend of wintergreen and juniper essential oils. During moments of discomfort, mix Epoch Move with Epoch Topical Blending Oil and generously apply to your skin. When applied to your skin, this blend offers a soothing, cooling sensation to your body.

TARGET AUDIENCE

All adults seeking natural solutions to enhance their modern lives and surroundings.

PRODUCT EXPERIENCE

Mix with Epoch Topical Blending Oil and apply topically to temporarily cool and soothe your body.

- Rub on your lower and upper back
- Apply to your legs after a vigorous walk or run
- Massage on your arms after a workout
- Use with a warm compress along your spine
- Dab on your temples
- Rub on your forehead

PRODUCT USAGE

Use Epoch Move topically with Epoch Topical Blending Oil.

Topical

Though essential oils vary in intensity, as a general rule, use one to two drops of Epoch Move per teaspoon of Epoch Topical Blending Oil when applying to the skin.

Sensitive Skin: People with a stronger sensitivity to essential oils may need to use more topical blending oil.

BLEND INGREDIENTS

- Wintergreen
- Juniper
- Eucalyptus
- Peppermint
- Siberian Fir
- Rosemary
- Spearmint

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COMPLEMENTARY PRODUCTS

Epoch Topical Blending Oil—Derived from natural coconut, palm, and soy oils, this silky mixture will heighten your topical experience with Epoch Essential Oils.

Epoch IceDancer—A clear, cooling leg gel that instantly stimulates and revives tired, achy legs.

DID YOU KNOW?

Indigenous North Americans used wintergreen and juniper for wellness and for their healthful properties.

FREQUENTLY ASKED QUESTIONS

How much essential oil should I use on my skin?

When applying to the skin, always mix one or two drops of essential oils with one teaspoon of Epoch Topical Blending Oil. It is important to know how your skin will respond to essential oils. Test only one essential oil at a time. Mix one drop of Epoch Essential Oil with Epoch Topical Blending Oil and rub on an inconspicuous area of your body (e.g., under the forearm or the underside of the bicep). Wait 30 minutes. Continue using the product if you do not notice irritation. If irritation occurs, discontinue use immediately.

Does Nu Skin test Epoch Essential Oils for quality?

Yes. Nu Skin applies its rigorous 6S Quality Process and confirms each oil is pure and safe to use. This process includes specific attention to selection, sourcing, structure, standardization, safety, and substantiation.

Can I use essential oils on children?

Children are particularly sensitive to essential oils. Always consult a healthcare professional before using essential oils on children.

Are there areas on the body where I should NOT apply essential oils?

Avoid the eyes, eye area, mouth, and other areas on the skin that are particularly sensitive.

Can I ingest Epoch Move Essential Oil?

No. Epoch Move Essential Oil is not a nutritional supplement and is for topical usage only. Do not ingest Epoch Move.

SAFETY AND CAUTIONS

- **Sensitive Skin Advisory:** May not be appropriate for individuals with sensitive skin. Please test in a small area before applying to a larger surface area.
- Discontinue use if you experience any irritation or a reaction and consult a physician if necessary.
- Keep out of the reach of children.

INGREDIENTS

Gaultheria Procumbens (Wintergreen) Leaf Oil, Eucalyptus Globulus Leaf Oil, Mentha Piperita (Peppermint) Oil, Menthol, Rosmarinus Officinalis (Rosemary) Leaf Oil, Abies Sibirica Oil, Mentha Viridis (Spearmint) Leaf Oil, Juniperus Communis Fruit Oil