



epoch[®]
ESSENTIAL OILS

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ESSENTIAL OILS

Amid the rigors of a modern lifestyle, Nu Skin delivers Epoch Essential Oils—ethnobotanical solutions that create engaging human interactions and sensory experiences with your world. For centuries, indigenous cultures improved their lives with botanicals, from topical remedies to aromatherapy. With Epoch, Nu Skin has distilled centuries of plant wisdom and leveraged the expertise of world-renowned ethnobotanist Paul Cox. Now we can infuse this wisdom into your modern lifestyle with Epoch Essential Oils.



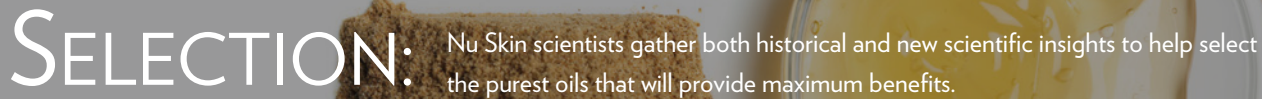
Experience ethnobotanical oils from a company you know and trust. Epoch Essential Oils adhere to Nu Skin's rigorous 6S Quality Process to meet the highest quality standards. Single oils and blends provide a variety of expressive aromas and solutions that uplift any routine or occasion. The delightful benefits of our essential oils make it natural to share them with others.



6S QUALITY PURE GRADE ESSENTIAL OILS

The key to consistent quality and purity of Epoch Essential Oils is our 6S Quality Process. This process involves a set of rigorous, highly integrated activities and includes multiple layers of scientific testing and attention to detail.

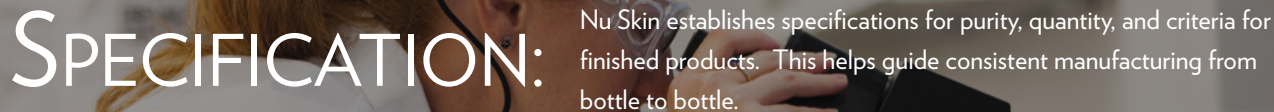




SELECTION: Nu Skin scientists gather both historical and new scientific insights to help select the purest oils that will provide maximum benefits.



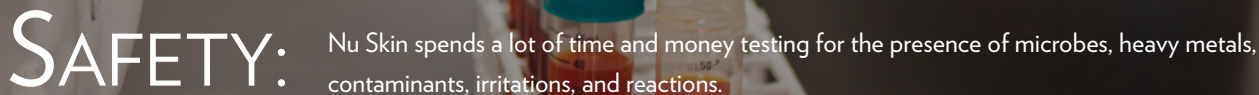
SOURCING: Nu Skin scientists choose growers and distillers that meet our highest standards of quality.



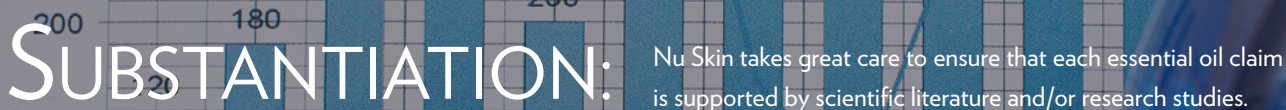
SPECIFICATION: Nu Skin establishes specifications for purity, quantity, and criteria for finished products. This helps guide consistent manufacturing from bottle to bottle.



STANDARDIZATION: Epoch Essential Oils are tested various times during the manufacturing process to ensure they meet the specifications that were provided.



SAFETY: Nu Skin spends a lot of time and money testing for the presence of microbes, heavy metals, contaminants, irritations, and reactions.



SUBSTANTIATION: Nu Skin takes great care to ensure that each essential oil claim is supported by scientific literature and/or research studies.

EPOCH FRANKINCENSE ESSENTIAL OIL

Enjoy the rich, woody, and warm aroma of Epoch Frankincense Essential Oil to bring a feeling of peace and connectedness into your day. Whether you apply it topically or diffuse it in the air, Epoch Frankincense can create a feeling of purpose, resolve, and satisfaction.

AROMATIC PROFILE: RICH, WOODY, AND WARM

01 001452



EPOCH LAVENDER ESSENTIAL OIL

The natural, floral aroma of Epoch Lavender Essential Oil provides a sense of tranquility and peace. Enjoy a relaxing end to even the busiest day with the calming benefits of Epoch Lavender. Put a few drops in a warm bath or rub this oil on your pillow at night to calm and soothe.

AROMATIC PROFILE: FLORAL, HERBACEOUS, EARTHY

01 001522



EPOCH LEMON ESSENTIAL OIL

Like the zest of a lemon peel, Epoch Lemon gives any space a feeling of crisp freshness that will surprise and delight. This vibrant, light essential oil can be used as a natural cleaner to help remove odors and spots.

AROMATIC PROFILE: **BRIGHT, TANGY, PURE, FRESH**

01 001523



EPOCH GINGER ESSENTIAL OIL

Epoch Ginger Essential Oil provides a grounded aroma—warm and earthy, with just a hint of zest resembling citrus and spice. While soothing and comforting, it also offers an invigorating sensation. When life feels out of balance, when you are upset, or you feel discomfort, Epoch Ginger can help you feel relieved, at ease, and ready to take on whatever comes your way.

AROMATIC PROFILE: WARM, SPICY, AND EARTHY

01 001453



EPOCH PEPPERMINT ESSENTIAL OIL

Dive into the refreshing, sharp aroma of Epoch Peppermint Essential Oil at home or on the go. Apply Epoch Peppermint on your skin with Epoch Topical Blending Oil or diffuse in the air for a wonderful, exhilarating sensation that will motivate you throughout your day.

AROMATIC PROFILE: **STRONG, SHARP, MENTHOL**

01 001521



EPOCH TEA TREE ESSENTIAL OIL

Epoch Tea Tree Essential Oil has a uniquely crisp, refreshing, natural aroma that sharpens and soothes the senses. It is a beneficial and effective botanical that helps provide a feeling of preservation and revival.

AROMATIC PROFILE: NATURAL, SPICE-LIKE, AND WOODY

01001451



EPOCH ASSURE ESSENTIAL OIL

Epoch Assure is a potent blend of cinnamon, clove, and other pure essential oils that help the air and surfaces feel exceptionally clean. It is an ideal essential oil blend for neutralizing odors or elevating your surroundings. Cinnamon and clove are known for their powerful aromas and this blend delivers an engaging combination of enjoyable scents.

BLEND INGREDIENTS: CINNAMON, CLOVE, LEMON, EUCALYPTUS, ROSEMARY, ORANGE, CARDAMOM, GINGER, BERGAMOT, LIME

01 001524



EPOCH BRISK ESSENTIAL OIL

Boost your senses with Epoch Brisk Essential Oil and catch the wonderful scents of a eucalyptus and pine forest after a cleansing rain. The potent aroma of this blend comes from eucalyptol, a naturally forming plant chemical. Eucalyptol has a fresh camphor-like smell, which gives Epoch Brisk a strong, penetrating, and pleasant aroma.

BLEND INGREDIENTS: [EUCALYPTUS](#), [PINE](#), [LEMON](#), [NUTMEG](#),
[TEA TREE](#), [THUJA](#), [THYME](#)

01001526



EPOCH BURST ESSENTIAL OIL

Enjoy the zest of Epoch Burst—an energetic blend of citrus and mint essential oils. Pour a drop of Epoch Burst into an Epoch diffuser and breathe in the aroma. Try to pick up the subtle hints of fresh grapefruit, tangerine, lime, and the exotic Mediterranean bergamot fruit. Through the citrus, notes of spearmint help to carry that energetic feel of Epoch Burst straight to your senses.

BLEND INGREDIENTS: GRAPEFRUIT, LEMON, TANGERINE, LIME, BERGAMOT, ORANGE, SPEARMINT, BLACK CURRANT, CISTUS, ELEMI

01 001525



EPOCH MOVE ESSENTIAL OIL

Epoch Move is an invigorating topical blend of wintergreen and juniper essential oils. During moments of discomfort, mix Epoch Move with Epoch Topical Blending Oil and generously apply to your skin. When applied to your skin, this blend offers a soothing, cooling sensation to your body.

BLEND INGREDIENTS: WINTERGREEN, JUNIPER,
EUCALYPTUS, PEPPERMINT, SIBERIAN FIR,
ROSEMARY, SPEARMINT

01001529



EPOCH UNWIND ESSENTIAL OIL

Quiet your mind and calm your spirit with Epoch Unwind, a centering blend of lavender, bergamot, and other balancing essential oils. With Epoch Unwind, you can create a feeling of harmony and peace even amid the most hectic day. Carry this essential oil blend with you in the car, at the airport, or any other place where your busy life takes you.

BLEND INGREDIENTS: LAVENDER, BERGAMOT,
EUCALYPTUS, CLARY SAGE, SANDALWOOD, PATCHOULI,
VETIVER, CISTUS

01 001527





A photograph of Paul Cox, an ethnobotanist, wearing glasses and a light blue shirt with suspenders. He is looking down at a green plant branch he is holding in his hands. The background is a lush green forest.

PAUL COX SIGNATURE BLENDS

Ethnobotanist Paul Cox formulated Epoch Akahni, Kasbah, and Nave Nave exclusively for Nu Skin.

He has dedicated his life to understanding the relationship between plants and people in cultures around the world. He has used that knowledge to create these exceptionally unique blends.

EPOCH AKAHNI ESSENTIAL OIL

Epoch Akahni is a blend of unique essential oils that the ancient people of the Southwestern United States used to naturally calm and soothe, helping to encourage feelings of well-being. A blend of juniper, jojoba, rose, and primrose makes the perfect topical solution when you are in need of these remedial benefits.

AROMATIC PROFILE: HERBACEOUS FLORAL

BLEND INGREDIENTS: JOJOBA, EVENING PRIMROSE, ROSE,
MULLEIN, JUNIPER

01001456



EPOCH KASBAH ESSENTIAL OIL

Epoch Kasbah features essential oils that the indigenous people of Asia Minor and the Arabian Peninsula used to help feel safe and secure from external annoyances during outdoor activities. While all the essential oils in this blend provide benefits, citronella and lemongrass were specifically added due to their traditional use protecting the skin from external disturbances.

AROMATIC PROFILE: FLORAL, ORIENTAL, SPICY, BALSAMIC

BLEND INGREDIENTS: GRAPE SEED, SWEET ALMOND,
TURMERIC, CITRONELLA, LEMONGRASS, JASMINE, MYRRH

01 001457



EPOCH NAVE NAVE ESSENTIAL OIL

Epoch Nave Nave is a blend of essential oils derived from plants that the indigenous people of the Pacific Islands and Southeast Asia believed to promote feelings of affection, connection, and bonding. Its island fragrance profile of ylang ylang, turmeric, jasmine, and bergamot makes it the perfect natural solution to apply topically in pursuit of enhancing relationships.

AROMATIC PROFILE: **SPICY, GINGER-LIKE, FLORAL**

BLEND INGREDIENTS: **FRACTIONATED COCONUT OIL,
YLANG YLANG, TURMERIC, JASMINE, BERGAMOT**

01 001455



NU SKIN FORCE FOR GOOD FOUNDATION

Nu Skin Enterprises' spirit of long-term social responsibility led to the creation of the Nu Skin Force for Good Foundation: a nonprofit organization whose mission is to improve the lives of children by offering hope for a life free from disease, illiteracy, and poverty.

Nu Skin donates \$0.25 from every Epoch product sale to the Nu Skin Force for Good Foundation. CharityVision is just one example of the Force for Good Foundation's dedication to fostering long-lasting improvement around the world.



CHARITYVISION

The Nu Skin Force for Good Foundation has partnered with CharityVision International Foundation to provide vision care and eye glasses to impoverished school children in Central and South America.

Nearly 70 percent of children dropping out of school in developing countries have an unmet visual health need. Whether it's a simple pair of glasses or an involved surgery, the Nu Skin Force for Good Foundation and CharityVision are committed to answering the call for a brighter future for these children.

For more information about the Force for Good and its humanitarian projects please visit www.forceforgood.org.

epoch[®] ESSENTIAL OILS

Enjoy rich connections with people and the world around you
while giving back with Epoch Essential Oils.

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