



EPOCH LAVENDER ESSENTIAL OIL



LAVENDER

Lavender has a floral, herbaceous, earthy aromatic profile.



ETHNOBOTANICAL HISTORY

- Many cultures used lavender as a relaxing form of aromatherapy.
- For centuries, people have used lavender as a basic ingredient for many fragrances.
- Romans used lavender for its cleansing and healthful properties.





USAGE

- Diffuse with an Epoch diffuser
- Apply to the bottom of your feet
- Apply to your wrists as a fragrance
- Apply on your back when restless
- Use when massaging your scalp
- Use a few drops in a warm bath
- Rub oil on your pillow at night to calm and soothe



EPOCH LAVENDER

Tranquility | Peace | Relaxing | Calming

