Skin can be complicated—but caring for it doesn't have to be. Our right-for-you skincare lines feature powerful, all-star formulas specifically selected to target your skin needs and what matters most to you. Cut out the guesswork and get straight to what you need. All in simple steps to give you extraordinary results. Beauty has never been so easy.



### **MEET GENTLE LINE**

Harsh ingredients wreaking havoc on your complexion? You—and your skin—deserve better. With Nu Skin's Gentle Line, you can reclaim a visibly healthy, radiant complexion without ingredients that commonly irritate the skin and can squash your skincare goals.

This simple, twice-daily system starts with our awardwinning ageLOC® LumiSpa® iO device and Gentle Treatment Cleanser, ideal for that gentle but effective cleanse your skin is craving. Follow with the skinsoothing Gentle Toner, the powerful Gentle Serum that's formulated with ingredients that are oh-so-kind to your skin and microbiome, and Gentle day and night moisturizers that hydrate like nobody's business.

Soothe sensitive skin and say bye to dry with the right-for-you Gentle Line—only from Nu Skin.

### WHY YOU'LL LOVE GENTLE TREATMENT CLEANSER + LUMISPA® iO

- Provides instant benefits, so skin feels softer and smoother after just one use.
- Seven clinically proven facial skin benefits: softness, smoothness, radiance, clarity, purified skin, reduced pore appearance, and visibly improved firmness.
- Benefits intensify over time when consistently used for two minutes twice daily.
- Delivers brighter, healthier, more youthful-looking skin in as little as two weeks.
- Optimally designed for LumiSpa<sup>®</sup> iO, Treatment Cleanser is proven to maximize the skin-perfecting benefits of the device.

- Gentle Treatment Cleanser is formulated with Nu Skin's proprietary ageLOC<sup>®</sup> ingredient blend to target the sources of aging and preserve the look of youth.
- Does not increase skin redness in clinically sensitive skin.
- Improves skin hydration.
- Improves skin clarity.
- Gentle enough for twice-daily use on the face, neck, and décolleté.
- When used in the morning, LumiSpa<sup>®</sup> iO energizes skin for a fresher, smoother, more rejuvenated complexion.
- When used at night, LumiSpa<sup>®</sup> iO deeply cleanses and helps de-stress skin.

### **CLINICAL RESULTS THAT PROVE IT**

- In a 12-week clinical study, clinical grading noted that individuals who used ageLOC<sup>®</sup> LumiSpa<sup>®</sup> iO experienced improvements in the skin:
- Softness
- Smoothness
- Radiance
- Clarity
- Purified skin
- Reduced pore appearance
- Visibly improved skin firmness
- 2. In a clinical study, Gentle Treatment Cleanser + ageLOC<sup>®</sup> LumiSpa<sup>®</sup> iO was tested on clinically sensitive skin. This combination was shown to help decrease visible skin redness, improve skin hydration, and improve skin clarity.

- 3. ageLOC<sup>®</sup> LumiSpa<sup>®</sup> iO is clinically shown to effectively cleanse and treat the skin without disrupting its natural microbiome.
- 4. According to a clinical study, taking Beauty Focus<sup>®</sup> Collagen+ helps prepare the skin for improved results and is clinically proven to nearly double the visible texture benefits, including radiance, texture, and firmness, compared to a LumiSpa<sup>®</sup> iO regimen alone.

### WHAT POWERS GENTLE TREATMENT CLEANSER

- ageLOC<sup>®</sup> Blend—Nu Skin's exclusive technology that targets the sources of aging to help maintain a youthful, vibrant appearance.
- Soothing Blend (Avena Sativa (Oat) Kernel Extract, Pinus Tabulaeformis Bark Extract, and Bisabolol) helps to calm and soothe delicate skin.
- Allantoin—helps to condition the skin.

### WHY YOU'LL LOVE GENTLE TONER

- Helps promote a more youthful-looking complexion.
- Reinforces your skin's ability to fight skin-aging environmental aggressors.
- Soothes and calms the skin, helping prevent skin aging caused by irritation.

### WHAT POWERS GENTLE TONER

- Hypnea Musciformis and Mugwort—help calm aggravated skin.
- Willowherb Extract—helps to calm and soothe skin for a clearer-looking complexion.

### WHY YOU'LL LOVE GENTLE SERUM

- Formulated to help strengthen and protect your skin's natural moisture barrier to prevent moisture loss.
- Developed to help soothe, hydrate, and smooth skin.
- Made with a postbiotic that is gentle on your skin's natural microbiome.
- Made with adaptogens that help your skin adapt to its environment.
- Helps protect against, and increase resiliency to, the damaging effects of stress, pollution, and free radicals.
- Non-comedogenic—doesn't clog pores.
- Features **Glass Microalgae**, a unique ingredient grown or cultivated through controlled environment agriculture.

### WHAT POWERS GENTLE SERUM

- Adaptogen Complex (Rhodiola, Maral Root, Siberian Ginseng, Chaga Mushroom, and Resurrection Plant)— a blend of botanical extracts from plants known as adaptogens that thrive in extreme climates and can help your skin bounce back from stressors.
- Ceramide Blend—three skin-identical ceramides help strengthen your skin's moisture barrier and improve hydration.
- Lactobacillus Ferment (Postbiotic)—soothes skin and complements the natural moisture barrier without disrupting your skin's natural microbiome.
- Glass Microalgae—this unique ingredient helps soothe skin, support the moisture barrier, and reduce water loss.
- Ectoin—contains stress-protection molecules and helps skin appear smoother
- Apple Extract—a natural saccharide complex that provides a burst of moisturization.
- Amino Acid Blend—helps hydrate skin.

### WHY YOU'LL LOVE GENTLE AM MOISTURIZER

- Chemical, organically based sunscreen features broad-spectrum SPF 35 UV protection without any sunscreen smell.
- Helps protect against and prevent the damaging effects of blue light and infrared exposure, including discoloration, dullness, and premature aging.
- Formulated to provides effective hydration without feeling heavy or leaving a greasy residue.
- Developed to give a glowing, luminous complexion and helps even skin tone for radiant skin.
- Helps draw water to the skin to keep it smooth and hydrated.
- Made with adaptogens that help your skin adapt to its environment.
- Helps protect against, and increase resiliency to, the damaging effects of stress, pollution, and free radicals.
- Non-comedogenic—doesn't clog pores.

### WHAT POWERS GENTLE AM MOISTURIZER

• Adaptogen Complex (Rhodiola, Maral Root, Siberian Ginseng, Chaga Mushroom, and Resurrection Plant)— a blend of botanical extracts from plants known as adaptogens that thrive in extreme climates and can help your skin bounce back from stressors.

- Blue Light and Infrared Filtering Blend (French Red Bell Pepper Extract, Pumpkin Extract, and Buriti Oil)— provides antioxidant protection to help prevent the visibly damaging effects of blue light and infrared, like discoloration and dull-looking skin.
- Bisabolol—a sustainably harvested, naturally derived ingredient native to South America that soothes and hydrates as it protects skin against the damaging effects of daily environmental stressors.
- Vitamin E—a powerful antioxidant that protects against free radicals caused by environmental stress.

### WHY YOU'LL LOVE GENTLE PM MOISTURIZER

- Unique blend of emollients, humectants, and vitamins hydrates and nourishes skin.
- Improves skin's moisture-binding capabilities.

- Protects against moisture loss.
- Leaves skin feeling and looking smoother and softer.
- Rich formula that absorbs quickly and is nongreasy.
- Non-comedogenic—doesn't clog pores.

### WHAT POWERS GENTLE PM MOISTURIZER

- Aloe Vera—soothes and refreshes raw, chapped, sunburned, or irritated skin.
- Sodium Hyaluronate, Vitamin E, Glycerin, and Sorbitol— help skin retain its vital moisture to leave skin soft and supple.

STEP 1A: GENTLE TREATMENT CLEANSER	Apply an ample amount of product evenly to moistened face. For optimal results, use with ageLOC® LumiSpa® device for two minutes morning and night and rinse thoroughly. Follow with Step 1b.
STEP 1B: GENTLE TONER	As the second part of Step 1, saturate a cotton pad with the formula and gently sweep across the face and neck.
STEP 2: GENTLE SERUM	After Step 1, apply 2–3 pumps morning and night. Follow with day or night Step 3.
STEP 3 (DAY): GENTLE AM MOISTURIZER	After Step 2, apply a generous amount of moisturizer to complete your daytime skincare routine.
STEP 3 (NIGHT): GENTLE PM MOISTURIZER	After Step 2, apply a generous amount of moisturizer to complete your nighttime skincare routine.

### YOU MIGHT ALSO LIKE

HOW TO USE IT

- Nutricentials® Eye Love Bright Eyes
- Nutricentials Pillow Glow
- NaPCA Moisture Mist

#### LEARN MORE ABOUT IT

### What are Adaptogens?

Adaptogens are plants that thrive in extreme climates thanks to their adaptive properties. These special properties help your skin adapt to its changing and unique environment so it can recover from—and gain resiliency to—environmental stressors.

### Where can I get answers to questions about my ageLOC<sup>®</sup> LumiSpa® iO device?

Please consult the ageLOC<sup>®</sup> LumiSpa<sup>®</sup> iO User's Manual for information about the ageLOC<sup>®</sup> LumiSpa<sup>®</sup> iO system.

### How does ageLOC° LumiSpa° iO work with Gentle Treatment Cleanser?

We specifically developed the Treatment Cleansers to use with ageLOC<sup>®</sup> LumiSpa<sup>®</sup> iO. They're designed to work synergistically with the micropulse oscillation of the heads to optimize the distribution of anti-aging ingredients onto the skin while cleansing and exfoliating to promote healthy, youthful-looking skin.

### Can I use other treatment products with the Gentle Line?

Yes. The Gentle Line is a complete skincare routine, but you can still address individual needs by adding additional treatment products, such as Nutricentials® Eye Love Bright Eyes, Nutricentials Pillow Glow, NaPCA Moisture Mist, etc., for additional benefits.

### How long will my Gentle Line last?

The Gentle Line products are optimized for 30-day use.

### How do I know which ageLOC<sup>®</sup> LumiSpa<sup>®</sup> iO treatment head is right for me?

While each treatment head removes impurities and purifies skin, the Gentle treatment head is our gentlest choice and is great for those with sensitive skin. The Firm treatment head is not recommended for those with sensitive skin. ageLOC<sup>®</sup> LumiSpa<sup>®</sup> iO Accent is designed specifically for the eye area when used with ageLOC<sup>®</sup> LumiSpa<sup>®</sup> IdealEyes<sup>®</sup>

# How does the Gentle Line support Nu Skin's commitment to become more sustainable?

As responsible stewards of our planet, we have proudly designed our tubes to be made with 37–39% recycled material, and our bottle with 50% recycled material. The Serum pump is made with 19% recycled material and made with a single material, which makes it easier to recycle where Polypropylene (PP) recycling is available. Plus, our palm-oil-derived ingredients are sustainably sourced. Please check your local capabilities and recycle all bottles, cartons, and jars where possible. By purchasing the Gentle line, you're joining us in taking an active, engaged stride to ensure the future is bright for both the planet and each of us.

Please visit www.nuskin.com/sustainability for more information and details on how to recycle.

### How are postbiotics different from probiotics?

Probiotics contain live organisms, which is ideal for an ingested product. Postbiotics do not contain live organisms. They are produced during the fermentation process of probiotic bacteria, which makes them better for topical treatments.

### Who should use the Gentle Line?

The Gentle Line contains products curated specifically for those who want to target sensitivity and dryness and benefit from formulas that help soothe, calm, and hydrate skin.

#### WHAT'S IN IT

### TREATMENT CLEANSER

Water (Aqua), Cetearyl Alcohol, Glycerin, PEG-8 Dimethicone, Cocamidopropyl Betaine, Caprylyl/ Capryl Glucoside, Capryl/Capramidopropyl Betaine, Carbomer, Narcissus Tazetta Bulb Extract, Pinus Tabulaeformis Bark Extract, Schizandra Chinensis Fruit Extract, Avena Sativa (Oat) Kernel Extract, Oryza Sativa (Rice) Extract, Allantoin, Zingiber Officinale (Ginger) Root Extract, Bisabolol, Carnosine, Xanthan Gum, Hydroxyacetophenone, Phenoxyethanol, Disodium EDTA, Sodium Hydroxide, Sodium Chloride, Citric Acid.

#### TONER

Water (Aqua), Pentylene Glycol, Ethoxydiglycol, Epilobium Angustifolium (Willowherb) Extract, Artemisia Vulgaris (Mugwort) Extract, Hypnea Musciformis Extract, Hydrolyzed Rice Protein, Fomes Officinalis (Mushroom) Extract, Cucumis Sativus (Cucumber) Fruit Extract, Algae Extract, PEG-40 Hydrogenated Castor Oil, Butylene Glycol, Phenoxyethanol, Chlorphenesin.

#### SERUM

Water (Aqua), Butylene Glycol, Glycerin, Pyrus Malus (Apple) Fruit Extract, Ectoin, Lactobacillus Ferment, Ceramide EOP, Ceramide NP, Ceramide AP, Cholesterol, Plankton Extract, Phytosphingosine, Serine, Alanine, Glutamic Acid, Proline, Threonine, Arginine, Lysine HCl, Glycine, Selaginella Lepidophylla Extract, Rhodiola Rosea Extract, Acanthopanax Senticosus (Eleuthero) Root Extract, Inonotus Obliquus (Mushroom) Extract, Rhaponticum Carthamoides Root Extract, Betaine, Lecithin, PCA, Maltodextrin, Xanthan Gum, Sodium Lauroyl Lactylate, Sclerotium Gum, Pullulan, Sodium

PCA, Sodium Lactate, Silica, Carbomer, Tetrasodium Glutamate Diacetate, Sodium Benzoate, Ethylhexylglycerin, Phenoxyethanol.

### AM MOISTURIZER SPF 35 Active Ingredient:

Avobenzone (3%), Homosalate (8%), Octisalate (4%), Octocrylene (3%).

Inactive Ingredients: Water (Aqua), Polyglyceryl-6 Stearate, Butylene Glycol, Butyloctyl Salicylate, C12-15 Alkyl Benzoate, Cetyl Dimethicone, Isodecyl Neopentanoate, Potassium Cetyl Phosphate, Triacontanyl PVP, Propanediol, Cetearyl Alcohol, Glycerin, Batyl Alcohol, Capsicum Annuum Fruit Extract, Oryza Sativa (Rice) Bran Extract, Cucurbita Pepo (Pumpkin) Fruit Extract, Carthamus Tinctorius (Safflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Extract, Selaginella Lepidophylla Extract, Rhaponticum Carthamoides Root Extract, Acanthopanax Senticosus (Eleuthero) Root Extract, Helianthus Annuus (Sunflower) Extract, Inonotus Obliguus (Mushroom) Extract, Bisabolol, Mauritia Flexuosa Fruit Oil, Rhodiola Rosea Extract, Tocopheryl Acetate, Tocopherol, Silica, Glyceryl Stearate, Ammonium Acryloyldimethyltaurate/VP Copolymer, Polyglyceryl-6 Behenate, Xanthan Gum, Disodium EDTA, Citric Acid, Sodium Hydroxide, Fragrance (Parfum), Sodium Dehydroacetate, Caprylhydroxamic Acid, Chlorphenesin, Phenoxyethanol.

### PM MOISTURIZER

Water (Aqua), Aloe Barbadensis Leaf Juice, Butylene Glycol, Stearic Acid, Ethylhexyl Stearate, Cetearyl Alcohol, Ethylhexyl Palmitate, Stearamidopropyl Dimethylamine, Diethylhexyl Adipate, Glycerin, Glycol Stearate, Tocopheryl Linoleate/Oleate, Sargassum Filipendula Extract, Hypnea Musciformis Extract, Gellidiela Acerosa Extract, Panthenol, Sodium PCA, Allantoin, Tocopheryl Acetate, Sodium Hyaluronate, Biotin, Sorbitol, Ceteth-2, Ceteareth-20, Ethylhexyl Methoxycinnamate, Sodium Chloride, Disodium EDTA, Aminomethyl Propanol, Fragrance (Parfum), Phenoxyethanol, Chlorphenesin.

