

# NU SKIN® FACIAL SPA

## QUICK REFERENCE GUIDE

	REGIMEN	CONDUCTOR	SPA SESSION A	SPA SESSION B
BASIC REGIMEN				
AREA REGIMEN				

For more detailed treatment instructions, please consult your Nu Skin Facial Spa owner's manual. Use only as instructed.



## CONTRAINDICATIONS

Do not use the Facial Spa if you:

- Have metal implants or electronic implanted devices.
- Have suspected or diagnosed epilepsy or suffer from seizures.
- Have metal braces on your teeth.
- Are allergic to gels or metals or are sensitive to contact with chrome.
- Are pregnant or attempting to become pregnant.
- Have open sores or wounds.
- Are prone to rosacea.
- Have problematic or sensitive skin or allergies.

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⊗ **IMPORTANT:** Read **ALL** contraindications, warnings, precautions, and adverse reactions listed in the owner's manual prior to use.

**INSPECT YOUR DEVICE:** Look at the Facial Spa and conductors to ensure the chrome surfaces appear smooth. Do not use if you notice any sharp edges, blistering of the chrome, and/or abnormalities on any surface. Call Nu Skin Support Services for a replacement or warranty information.

📖 **READ THE FACIAL SPA OWNER'S MANUAL BEFORE USING YOUR FACIAL SPA.** The **BASIC REGIMEN** has two five-minute spa sessions (10 minutes total) and is for the entire face.

⊗ **Do NOT** use Facial Spa more than three times per week.

**NU SKIN® CONDUCTIVE GEL:** Nu Skin® Conductive Gel **MUST BE** used with your spa device to ensure adequate conductivity.

### HOW TO USE:

**PREPARE YOUR FACE:** Cleanse and rinse your face with a gentle cleanser of your choice.

**BASIC REGIMEN—ENTIRE FACE** (SEE FIGURE 1)

### SPA SESSION A

**1. ATTACH CONDUCTOR AND APPLY GEL:** Attach the **LARGE** conductor to the device (see Figure 2) and apply a generous amount of Nu Skin Conductive Gel (included) to the entire face (grey areas of Figure 1), avoiding eyes, eyelids, and lips (white areas of Figure 1).

**2. CHOOSE SPA SESSION NUMBER 4:** Press the selection button once to turn on the device and again as needed to advance to the next spa session number. Advance through the spa session numbers until a number 4 is lit on the display with 5 small dots (see Figure 3).



Figure 1



Figure 2

Spa Session A	Spa Session B	Conductor

**3. CONDUCT FACIAL SPA SESSION A:** Holding the chrome plate with your moistened hand, touch the conductor to your facial skin (see Figure 4). The device will beep indicating that spa session A is beginning. Slowly glide the conductor over your face where the gel has been applied, avoiding sensitive areas (eyelids, eyes, lips, and throat).

At the end of spa session A, the device will emit a long beep followed by two short beeps, indicating that the spa session is complete.

### SPA SESSION B

**4. PREPARE:** Before proceeding to spa session B, apply additional Nu Skin Conductive Gel to any areas of the face where it may be drying out. Note: The **LARGE** conductor should already be attached.

**5. CHOOSE SPA SESSION NUMBER 3:** Press the selection button once to turn on the device and again as needed to advance to the next spa session number. Advance through the spa session numbers until a number 3 is lit on the display with 5 small dots (see Figure 5).

**6. CONDUCT FACIAL SPA SESSION B:** Holding the chrome plate with your moistened hand, touch the conductor to your facial skin (see Figure 4). The device will beep, indicating that spa session B is beginning. Slowly glide the conductor over your face where the gel has been applied, avoiding sensitive areas (eyelids, eyes, lips, and throat).

At the end of spa session B, the device will emit a long beep followed by two short beeps, indicating that the spa session is complete.

**CLEAN AND PROPERLY STORE YOUR SPA DEVICE** as directed in the owner's manual.



Figure 3

Figure 5



Figure 4